## Step #2: Progress in Reaching LSWP Goals Template

## St. Mary's School, O'Neill, NE

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1) nutrition goal, 2) physical activity goal, and 3) other student wellness goal, additional goals are optional USDA wellness policy goals outline that 3 goals must be included,

Education
Goal(s)- record
goal
-ORNutrition
Promotion Goal(s)record goal

**Nutrition** 

Partially—our lunch ladies are open to providing more attractive choices on our fruit and vegetable bar (GS) and our salad bar (HS). We have also purchased the Grow Tower (pictured).

St. Mary's purchased a Grow Tower to allow students to grow their own varieties of lettuce/other vegetables. Our goal is to eventually have these available in our cafeteria.



This is our Grow Tower in the elementary school.

Goal Met? Yes/ Partially/ No Describe how you achieved this goal What Was Achieved? attachments) used to measure LSWP Share documents (as links or Documentation implementation 1 ....



Salad bar in cafeteria showing the variety of fruits and vegetables available to students.

<ol> <li>Physical Activity Goal(s)- record</li> </ol>	Goal As defined by your LSWP
Physical  Activity  Goal(s)- record  Partially-Students need movement in addition to regular	Was the Goal Met? Yes/ Partially/ No
<ol> <li>Movement during indoor recess.</li> <li>a. Basketball</li> </ol>	What Was Achieved? Describe how you achieved this goal
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e LSWP

need movement in addition to regular PE classes. When we are forced to have indoor recess for several days in a row, we need to come up with a plan to provide some exercise/movem ent for the students.

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goal

- b. GoNoodle Activity Provide at least a
- Provide at least a quarterly activity to promote exercise and physical activity among our high school students.

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The above picture shows basketball during indoor recess in the elementary.



The above picture shows HS students playing "Hungry Hippos" as a quarterly climate activity.

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be included wellness could health or staff and Mental support SEL where goals to record goal, Other student this is often Goal(s)wellness Yes, met-All

school campus. should have access students, K-12, day and on the within the school health counseling to free mental

students in grades K-6 on a our elementary counselor, to to provide a mental health weekly basis. Guidance classes, provided by We also began offering for student counseling. counselor one day per week Charities of Omaha to be able We contracted with Catholic

From our SIS:

Photos Decuments Echan Calendar 1002-1004-0015-01 EChar Empir List 2023-1004-pdf EU Parry SChept Welfren Rolley Loddrid 1003-34-pdf Called Dask Jeptoersen Flands Dot 11 2003 H William Doll February Wanter Health Nemer per DODD-2024 Student Hamily Classes

our families. memos from Catholic Charities available to This shows our Monthly Mental Health



This is Resiliency Training with Sgt. Keith Jorgensen from the National Guard.  MORE DOCUMENTATION AVAILABLE: See file in drive folder titled "St. Mary's O'Neill Signed MOU". This is documentation of providing mental health counseling within the school. See file in folder titled "Elementary Enrichment Schedule". This is documentation of providing Guidance classes to our elementary students.	LSWP  Yes/ Partially/ No  this goal  Add more rows as needed  The partially is goal  The partial partially is goal  The partial partial partially is goal  The p
s Achieved?  W you achieved  Share documents (as links or	Goal Was the What Was Achieved? s defined by your Goal Met? Describe how you achieved