


Step #2: Progress in Reaching LSWP Goals Template


St. Mary's School, O'Neill, NE

Goal As defined by your LSWP	Was the Goal Met? Yes/ Partially/ No	What Was Achieved? Describe how you achieved this goal	Documentation Share documents (as links or attachments) used to measure LSWP implementation
<p>1. Nutrition Education Goal(s)- record goal -OR- Nutrition Promotion Goal(s)- record goal</p>	<p>Partially—our lunch ladies are open to providing more attractive choices on our fruit and vegetable bar (GS) and our salad bar (HS). We have also purchased the Grow Tower (pictured).</p>	<p>St. Mary's purchased a Grow Tower to allow students to grow their own varieties of lettuce/other vegetables. Our goal is to eventually have these available in our cafeteria.</p>	<div data-bbox="618 1262 1018 1566" data-label="Image"> </div> <p>This is our Grow Tower in the elementary school.</p>

USDA wellness policy goals outline that 3 goals must be included, 1) nutrition goal, 2) physical activity goal, and 3) other student wellness goal, additional goals are optional

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			 <p data-bbox="555 1249 625 1864">Salad bar in cafeteria showing the variety of fruits and vegetables available to students.</p>

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<p>2. Physical Activity Goal(s)- record goal</p>	<p>Partially—Students need movement in addition to regular PE classes. When we are forced to have indoor recess for several days in a row, we need to come up with a plan to provide some exercise/movement for the students.</p>	<ol style="list-style-type: none"> 1. Movement during indoor recess. <ol style="list-style-type: none"> a. Basketball b. GoNoodle Activity 2. Provide at least a quarterly activity to promote exercise and physical activity among our high school students. 	 <p>The above picture shows basketball during indoor recess in the elementary.</p>  <p>The above picture shows HS students playing "Hungry Hippos" as a quarterly climate activity.</p>

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<p>3. Other student wellness Goal(s) - record goal, this is often where goals to support SEL and Mental health or staff wellness could be included</p>	<p>Yes, met-All students, K-12, should have access to free mental health counseling within the school day and on the school campus.</p>	<p>We contracted with Catholic Charities of Omaha to be able to provide a mental health counselor one day per week for student counseling. We also began offering Guidance classes, provided by our elementary counselor, to students in grades K-6 on a weekly basis.</p>	<p>From our SIS:</p> <p>Featured</p> <p>Proctor, Encouragers, Links, Classes</p> <p>Attachments</p> <ul style="list-style-type: none"> 2020-2024 Student Wellness.pdf Behavioral Mental Health Services.pdf Behavioral Mental Health Services.pdf Behavioral Mental Health Services.pdf Oct. 31, 2023 at 10:16 AM.pdf Student Calendar 2020-2024.pdf Student Calendar 2023-2024.pdf St. Mary's School Wellness Policy Updated 2020-2024.pdf Van Hecke Omaha Implementation Plan.pdf <p>This shows our Monthly Mental Health memos from Catholic Charities available to our families.</p> 

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<p>Additional Goal(s) Add more rows as needed</p>			<p>This is Resiliency Training with Sgt. Keith Jorgensen from the National Guard.</p> <p><u>MORE DOCUMENTATION AVAILABLE:</u> <i>See file in drive folder titled "St. Mary's O'Neill Signed MOU". This is documentation of providing mental health counseling within the school.</i> <i>See file in folder titled "Elementary Enrichment Schedule". This is documentation of providing Guidance classes to our elementary students.</i></p>